August 2013 - issue (IV)

UAK NEWSLETTER

OFFICIAL NEWSLETTER OF THE UROLOGICAL ASSOCIATION OF KERALA

Editor's Message

Dear Colleagues,

"No matter how small the step or how long the journey, a little every day will get you there" (Anon)

As our association gears up for the annual conference in Alleppey in october, the past few months witnessed two very successful international conferences of the highest quality in the state,(VIZ, the Urooncology workshop at Amrita Institute of Medical Sciences & Lapendofusion at PVS Hospitals). Both the conferences, also provide the springboard for aquiring greater skills in the respective subspecialities, with the launch of fellowship in urooncology & Laparoscopic training programme at their respective centres.

As the two year tenure of the present Executive committee comes to a close at the forthcoming UAKCON2013, Alleppey, I wish to take this opportunity to thank the fraternity, for all the support , contributions, feedbacks and encouragement in bringing out all the editions of the newsletter, during the last two years.

Wishing You & all the members of UAK a very Happy Onam!



Dr Sanel Varghese
Hon UAK Editorial Secretary

Secretary's message

Dear Colleagues,

Greetings from Kozhikode. We are now in the final stretch leading towards the annual conference of UAK, to be held in the last weekend of October. Dr Nebu, with his team, is making all out efforts to make it memorable to all. He is providing excellent facilities for the conference and is also taking care of extracurricular activities so that all will be left satisfied.

During the last executive meeting held in Mysore, it was decided to form a scientific committee to screen the papers submitted for presentation during the annual meeting. The programme for the annual meet has been charted out, and is included herein.

I hope that many of you will submit papers for presentation and make the conference memorable. The term of the present council expires this year and I on behalf of the entire council would like to place on record the help received from various colleagues in guiding us through the term. Hoping to see you all during the annual meet at Alleppey.



Dr Poulose Chally
Hon Secretary, UAK

UAK Office Bearers

President	:	Dr AN Thomas
Vice President	:	Dr Hamsa Thayyil
Hon. Secretary	:	Dr Poulose Chally
Treasurer	:	Dr Frederick Paul
Jt. Secretary	:	Dr Vasudevan
Editorial Secretary	:	Dr Sanel Varghese
Executive Members	:	Dr Ginil Kumar,
	:	Dr Shanmuga Das,
	:	Dr Sathyendran Nambiar,
	:	Dr Saju PR

Editorial Board : Dr. Suresh Bhat,Dr. K.V. Vinod, Dr. Georgie Mathew

UAKON 2013

27th Annual Conference of the Urological Association of Kerala

We have just returned from a hectic south zone meeting at Mysore and a superperbly organised visual treat at lapendofusion . The executive committee of UAK met in Mysore and finalised the programme for the annual meet. The general outline of the meet will be published in the forthcoming newsletter.

The topic of the literature review is " *Management of metastatic renal cell carcinoma* ". The last date for the submission of the literature review is September 15th. Three copies of the paper should be sent to the secretary. The name of the author should be clearly mentioned on the front page along with the title.

Applications are invited for

1 Dr P A Abraham member travel fellowship
2 Dr P Subramonian PG travel fellowship
3 Komaranchath prize for the best published paper

Applications should reach the secretary before **September 30th**. Kindly refer to UAK website where the guidelines are available for the fellowships

It has been decided to form a scientific committee to look into the papers / posters/ videos submitted to the annual conference. The secretary in consultation with the scientific committee shall look into the merits of the papers submitted and select the papers for presentation during the meeting. **The last date for submission of the papers is September 15th.**

Guidelines for submission of abstract for paper / poster presentation.

Last date for submission is September 15th
Four hard copies should be sent to the secretary
A soft copy should be mailed to the secretary poulosechally@yahoo.co.in
The abstract should not contain the name of the author / authors / name of the institution
The name of the author / authors / institution should be on a separate sheet of paper clearly mentioning the title of the paper
Abstract should mention if it is for podium or poster presentation
Any paper not selected for podium presentation / moderated poster presentation may be allotted unmoderated poster. The author / authors should indicate their willingness to present the same if they do not get the presentation of choice.

Papers submitted will be evaluated using the following guidelines : paper format / type of study (prospective / retrospective) / scientific content / statistical analysis and conclusion / new message
Single case reports will not be accepted for podium presentation.

Authors will have 8 min for podium presentation with 2 minutes for discussion , while the authors presenting in moderated poster session will have 3 minutes for presentation with 2 minute for discussion. Authors presenting in moderated poster session will be allowed to present only 3 slides which will include the title of the paper.

Guidelines for submission of videos for presentation.
The last date for submission is September 15th.
All authors desirous of presenting videos should send 4 copies of the full video along with the abstract to the secretary
Video presentation will be evaluated on the basis of video / audio clarity with emphasis on new techniques / message and the number of cases
Authors presenting video will have 8 minutes for presentation with 2 minutes for discussion

The presenting author at the annual meet for podium / poster / video should be a member of the UAK.

The term of the present executive council expires this year and nominations are invited for the post's of
1 Vice president 2 Hon secretary
3 Joint secretary 4 Editorial secretary
5 Treasurer 6 Executive members – 4
The last date for submission of the nominations will be September 30th. Elections if any will be held on the 26th of October

Any member desirous of raising any matter before the general body meeting of the UAK to be held on the 26th of October should sent the same to the secretary before September 30th

Dr Poulose Chally
Hon Secretary UAK
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Agenda for annual general body meeting

1 Silent prayer
2 Condolences
3 Opening remarks by President
4 Hon secretary's report
5 Treasurers report
6 Editorial secretary's report
7 Result of elections to the council
8 Topic for literature review 2014
9 Prof Roy chally orator 2014
10 Report of organising secretary UAK kannur 2012
11 Venue for UAK 2014
12 Any other matter

Tentative programme for UAK annual meet

Day 1

8.30 – 9 am	Registration
9 – 9.15 am	Review of literature prize paper presentation
9.15 - 10.15am	Free paper presentation session 1
10.15 – 10.30 am	Tea break
10.30 – 11 am	Inauguration ceremony
11 – 11.30 am	Organ sparing in urological cancers – Dr Ganesh Gopalakrishnan
11.30 – 12 noon	Prof. Roy chally oration – Do we need robotics in urology – Dr George P Abraham
12 – 12.30 pm	Black pearl session – Convenor -Dr Vinod
12.30 – 1 pm	Urology Quiz- Quiz master Dr Shanmughadas
1 – 1.45 pm	Lunch
1.45 – 3.15 pm	Video session
3.15 – 4 pm	Symposium on management of urethral stricture Convenor Dr Felix cardoza
4 – 4.30 pm	UAK general body meeting

4: 30 pm on
(weather permitting): Boat ride being arranged

Day 2

9 – 10 am	Free paper session 2
10 – 10.30 am	Intepreting isotope renogram – Dr Roy chally
10.30 – 11 am	Radiology Talk – Dr Srikanth Moorthy (AIMS)
11 – 11.30 am	CPC
Discussant	: Dr Georgy Mathew
Case –	Dr Suresh Bhat
11.30 – 12.30 pm	Moderated poster session
12.30 – 1 pm	Valedectory function
1 pm	Lunch

Anybody desirous of contributing a black pearl to the meeting should contact Dr Vinod

Post chemotherapy management of retroperitoneal mass in Seminoma: a case report

Prof. Ginil Kumar
Department of Urology
Uro Oncology division
Amrita Institute of Medical Sciences, Cochin

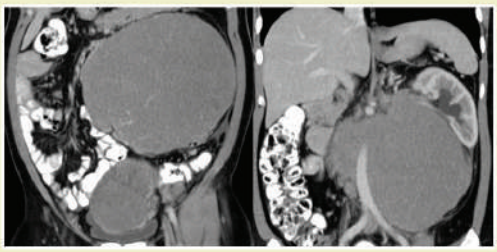


Case Report

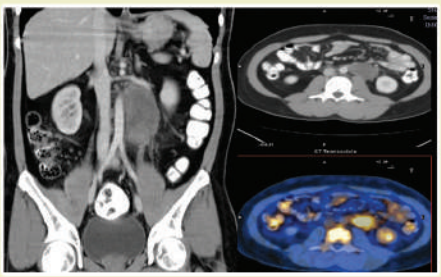
A thirty two year old civil engineer was presented with complaints of pain around umbilical region of one month duration. He had history of loss of appetite and weight.

On examination he had large fixed non tender mass of about 15 cm occupying the left side of the abdomen in the umbilical, left lumbar and left hypochondrium. The mass was non tender, intra abdominal, smooth surface, soft to firm in consistency.He had an absent left testis in the scrotum.

Abdominal CT showed a large retroperitoneal mass lesion on the left side, measuring approximately 20 cm in craniocaudal length and cross section diameter of 20 x 20 cm splaying the superior mesenteric artery and mesenteric vessels and displacing the left kidney laterally. Another similar soft tissue density mass lesion measuring 10 x 8 cm was seen intraperitoneally overlying the dome of the urinary bladder.



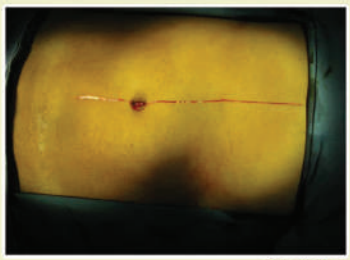
A CT guided FNAC was done from the large mass which was reported as Small round cell neoplasm. Immunohistochemical studies had CK - Negative NSE - Negative PLAP Focal strong positivity CD117 Strong positive AFP Focal positivity. CT chest was negative for malignancy.



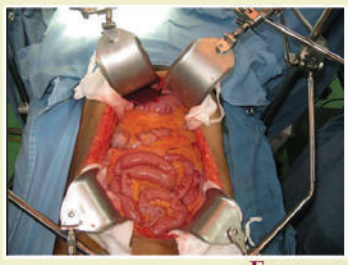
Testicular tumour markers showed elevated beta HCG 127.72and LDH 929.6. His AFP was 4.49. He was diagnosed as seminoma Stage II Ca arising from undescended testis He was initially treated with chemotherapy (EP X 4 cycles). The tumor markers became normal, but the follow up CT scan after one month of completion of Chemotherapy showed a residual retroperitoneal mass of 3.4 x 2.4 .Pet CT scan showed FDG uptake in the lesion.

He was planned for retroperitoneal lymph node dissection with the consent of nephrectomy if required. All the possible complications including the chance of retrograde ejaculation were explained to the patient.

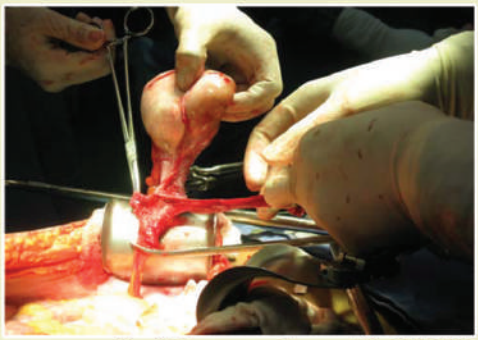
Steps of RPLND



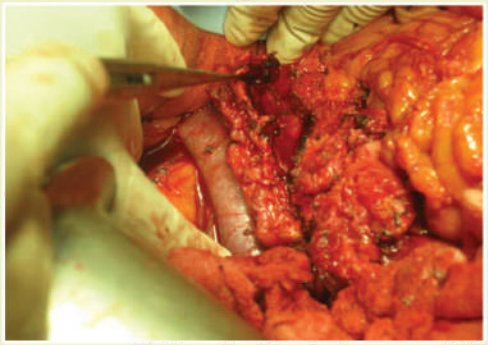
Incision



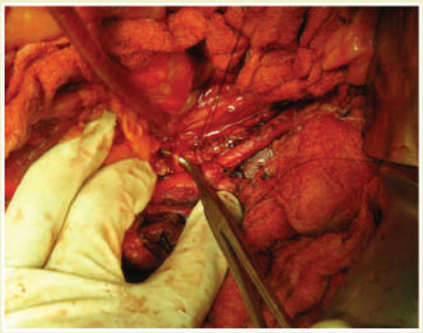
Exposure



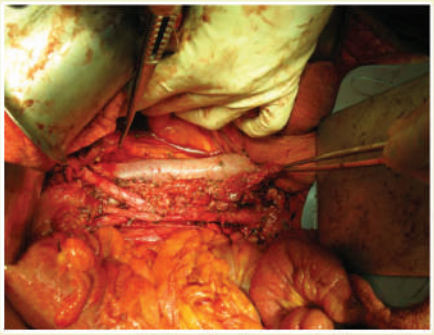
Orchidectomy along with RPLND



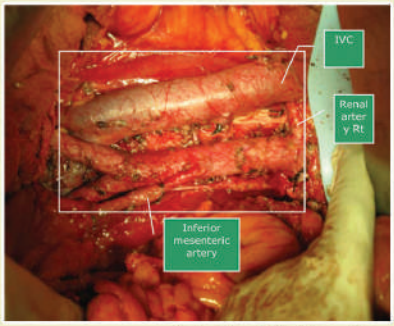
Split and roll technique over IVC



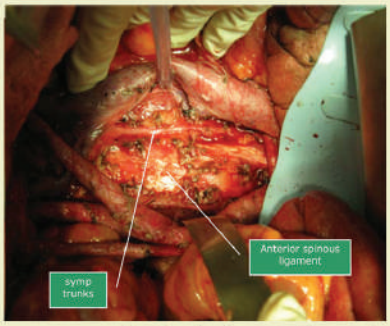
Ligation of Lumbar vessels



Inter Aorto caval dissection



Limits Of dissection



Posterior to great vessels

Per operatively the mass lesion was engulfing the renal hilum. A decision of nephrectomy was taken on the table and the specimen was sent en block. HPR did not show any residual tumor. At three year follow up he is tumor free.

Discussion

In the last four decades there is a significant improvement in the cancer specific survival for testicular tumor. Better understanding of the biology of the tumour, aggressive chemotherapy and surgical treatment, favourable age group etc was the main factors for this improvement. Now the focus is turned towards reducing the side effects of treatment without compromising the results. Multimodality treatment with chemotherapy as the corner stone is the current approach to large lymph nodular mass in the retroperitoneum. In the case of seminoma, the PET CT scan is very useful in the follow up which has shown very useful in detecting viable tumor in ≥3 cm residual lesions in the retroperitoneum after chemotherapy with a specificity of 100% and sensitivity of 80%. The post chemotherapy FDG avid residual tumours suggestive are usually treated with RPLND. The post chemotherapy RPLND for residual tumours after treatment of seminoma is extremely difficult due to the extensive fibrosis. The mortality rate is about 1%. There is 30% chance of nephrectomy in RPLND in these settings. In non seminomatious tumour, the PET scan is not much useful for follow up.

Conclusion

Aggressive multimodality treatment is effective in seminoma with large retroperitoneal metastasis. Even though in large trial it was found to have very high sensitivity, our case it was false positive.

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Christian Kollmannsberger, Susan Krege, Craig Nichols, Jan Oldenburg, Lori Wood. Contemporary Management of Postchemotherapy Testis Cancer. European urology 6 2 (2 0 1 2) 8 6 7 – 8 7 6

6) http://www.nccn.org/professionals/physician_gls/f_guidelines.asp (Accessed on 2nd August 2013.

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AMRITA INSTITUTE OF MEDICAL SCIENCES

Report of Amrita International CME and workshop on Uro-Oncology

Amrita International CME and workshop on Uro-Oncology was conducted on the 24th, 25th and 26th of May 2013 at AIMS. Nearly 250 delegates from South India attended the conference.The programme commenced with the CME on 24 May 2013. The deliberations were conducted by Dr Murukesan Manoharan from Miami university, USA and Dr Hassan Abol Enein from Mansoura University, Egypt and they were supported by eminent faculty from all over the country. It was an interactive session which proved very informative and fruitful for the post graduates and practising consultants.

A live operative workshop was arranged on 25th and 26th of May during which, all major Uro Oncology procedures (Radical Cystectomy + Ortho topic Neobladder, Continent Diversion, Ileal Conduit, Lap Radical and partial Nephrectomy, LESS Nephrectomy,Veil) were performed by illustrious stalwarts from India and abroad.





email: uaknewsletter@gmail.com website: www.uakonline.com

MEGA LAP / ENDO
SURGICAL EXTRAVAGANZA
'3D' LAPAROSCOPIC UROLOGY WORKSHOP

LAP ENDOFUSION 2013

AUGUST 3rd & 4th, KOCHI

Dept of Urology, Lakeshore & PVS Hospital



Report of 3D LAPENDOFUSION 2013 live operative workshop

3D LAPENDOFUSION 2013 live operative workshop was successfully conducted on August 3rd and 4th at PVS Memorial hospital and transmitted live at Gokulam convention centre.

Among international faculties, Dr Jens Rassweiler did excellent demonstration laparoscopic extraperitoneal radical prostatectomy and gave a talk on Future of laparoscopy; Dr Rene Sotelo performed laparoscopic VVF repair and ureterouretorostomy for a ureteric stricture and moderated panel discussion on nightmares in laparoscopy which was appreciated by one and all. About 35 national faculties actively participated in the workshop and showed their excellent surgical skills. Nearly 275 delegates attended the workshop to make it grand success. 34 surgeries were demonstrated in 2 days.

On day 1, different laparoscopic procedures were shown in 2D laparoscopy along with bipolar TURP, TURIS and RIRS. On day 2 various 3D complex reconstructive laparoscopic procedures like nephron sparing surgery, common sheath reimplantation, tailoring reimplantation, pyeloplasty etc. were demonstrated. Day 2 also included ThuLEP, HoLEP and RIRS.

Inaugural function was held at Taj Gateway. Union minister Mr Vayalar Ravi inaugurated the workshop, Supreme court judge Mr Joseph Kurien addressed gathering as a chief guest, USI president Dr Meyeppan delivered presidential address and inaugurated fellowship programme in laparoscopic urology.



Workshop was widely appreciated by all faculties, delegates. All patients who were operated during workshop recovered without any complications.

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UAKON 2013

27th Annual Conference of the Urological Association of Kerala



Venue : Lake Palace, Alleppey

Dates : 26th, 27th October 2013

Hosted by:
Tiruvalla Urology Club

Organising Committee
Dr Joseph Manak
Dr Nebu Issac mammen
Dr Prasad Cheeramattom
Dr Nazar
Dr KG Reghunath
Dr Joseph John
Dr Joseph Paul
Dr Biju Mathews

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